

POD ONA or BRE DEVOJČE
(Serbia)

Part of the Prizren Suite of the Ensemble "Kolo"; choreographed by Olga Skovran (former director of "Kolo").

Pronunciation:

Music: BK 576. 4/4 meter.

Formation: Handhold, shldr height. It was a segregated dance, but would be permissible to dance in a mixed line for recreational purposes.

Style: The M dance with strong movements while the W have smoother movements and the dance steps are closer to the floor.

<u>meas</u>	<u>ct</u>	<u>Pattern</u>
		<u>BRE DEVOJČE</u>
1	1	Facing ctr of circle, step with L into circle, place R ft on L calf.
	2	Hold pos.
	3	Lift L heel and step back on it.
	4	Hold pos.
2	1	Step back with R to the R of the previous pos, lift L.
	2	Hold pos.
	3	Crossing with L behind R, step on L, lift R.
	4	Hold pos.
3	1	Step with R to the R, bring L behind R calf.
	2	Hold pos.
	3	Lift R heel and step back on it.
	4	Hold pos.
		<u>POD ONA</u>
1	1	Step with L, crossing in front of R, lift R.
	2	Step on R, behind L, lift L.
	3	Step on L in front of R, lift R.
	4	Hold pos.
2		Repeat action of meas 2 of Bre Devojč ^v e
3	1	Step on R, lift L, beside R.
	2	Step on L, beside R, lift R.
	3	Step on R beside L, lift L.
	4	Hold pos.

Start dancing Pod Ona at the change of melody. Rhythm is continuous so there is no need to stop after Bre Devojč^ve.

POD ONA or BRE DEVOJCE (continued)

Arm movements throughout the dance are as follows:

- | | | |
|---|---|---|
| 1 | 1 | Arms are in regular shldr height pos, elbows moving up and down in rhythm on every first beat (ct). |
| 2 | 1 | Arms to the R, bending only at elbows. |
| | 2 | Hold pos. |
| | 3 | Arms to the L (all the way), only from elbows. |
| | 4 | Hold. |
| 3 | 1 | Bring arms back to regular shldr height pos and continue movements as described in meas 1. |

Music and step patterns are not symmetrical.

Presented by Bora Gajicki